

## Visual Schedules

Children may struggle when they don't know what to expect in their day.  
Using a visual schedule can help.

### **What is a visual schedule?**

Visual schedules are a series of pictures or words that show a sequence of activities or tasks. Using visual aids is an evidence based practice for working with kids with developmental disabilities.

### **Why are visual schedules helpful?**

Studies show that including visuals, such as pictures, photos, or icons, can help many kids with developmental disabilities, like autism, process information better.

### **Should visual schedules be used with individual students or the whole group?**

The answer is yes and yes. Visual schedules can be made just for individual kids, and used at home or at church. But, if you are in a classroom setting, know that using a visual schedule with the whole class can help everyone, especially younger students!

### **What is the best way to use a visual schedule?**

Refer to the visual schedule each time you move to a different activity. You can use simple language with students while pointing to the visual schedule. For example: "we just finished music, and now we are going to read a Bible story." Consistently using the visual schedule with your students can be an easy way to reduce their stress and make changing activities easier for everyone.

### **Where can you find visual schedule templates with church icons?**

Visit [library.wonderfulworksministry.org](http://library.wonderfulworksministry.org).